



Healthy Eating in Primary Schools

By Sally Robinson

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Healthy Eating in Primary Schools, Sally Robinson, Developed with the support of the Kent Healthy Schools Programme to encourage primary schools to promote healthy eating, this resource takes a whole-school, holistic approach towards children's eating and relates to the PSHE Curriculum and the Healthy Schools Programme. There is a good blend of easily accessible information on healthy eating supported by individual case studies. The three sections cover: " a summary of the range of children's eating issues " strategies for promoting healthy eating and preventing, recognising and dealing with eating problems " examples of lesson plans related to the physical, emotional and social aspects of children's eating. Dr Sally Robinson is principal lecturer in the Department of Health and Social Welfare Studies at Canterbury Christ Church University.



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Reviews

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An extremely wonderful ebook with lucid and perfect explanations. I was able to comprehended almost everything using this composed e publication. It is extremely difficult to leave it before concluding, once you begin to read the book.

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