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HOW TO COACH YOUTH SPORTS



iUniverse. Paperback. Book Condition: New. Paperback. 142 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. This book was written expressly for you who are coaching children in sports. We stress how to teach children to participate in sports and to have fun doing it. The most important thing is participation by everyone. Planning your training program and what you should have in it is the next most important objective you have. We've covered that in this book. How to prepare your training...

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