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HOUGHTON MIFFLIN, United States, 2006. Spiral bound. Book Condition: New. 229 x 190 mm. Language: English . Brand New Book. Cook Thin, Get Thin, Start Now! The companion journal to the national bestseller Cooking Thin with Chef Kathleen Losing all the weight you want isn t boot-camp-hard, or I never would have been able to do it, says chef Kathleen Daelemans. I didn t give up my favorite foods, and you don t have to either. Hired to cook at...

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- Authored by Kathleen Daelemans
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