

Living Into Focus: Choosing What Matters in an Age of Distractions (Paperback)

By Arthur Boers

Baker Publishing Group, United States, 2012. Paperback. Book Condition: New. 229 x 150 mm. Language: English . Brand New Book. In today s high-speed culture, there s a prevailing sense that we are busier than ever before and that the pace of life is too rushed. Most of us can relate to the feeling of having too much to do and not enough time for the people and things we value most. We feel fragmented, overwhelmed by busyness and the tyranny of gadgets. Veteran pastor and teacher Arthur Boers offers a critical look at the isolating effects of modern life that have eroded the centralizing, focusing activities that people used to do together. He suggests ways to make our lives healthier and more rewarding by presenting specific individual and communal practices that help us focus on what really matters. These practices--such as shared meals, gardening, hospitality, walking, prayer, and reading aloud--bring our lives into focus and build community. The book includes questions for discernment and application and a foreword by Eugene H. Peterson.



Reviews

Most of these ebook is the ideal pdf readily available. it was actually writtern quite flawlessly and valuable. Once you begin to read the book, it is extremely difficult to leave it before concluding. -- Prof. Jordy Kihn

The ebook is easy in go through easier to recognize. We have study and i am certain that i will planning to read through once again once again in the future. I am quickly will get a pleasure of studying a composed publication. -- **Prof. Adah Mertz Sr.**

Other eBooks

PDF	

No Friends?: How to Make Friends Fast and Keep Them (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends ? Are you tired of not having any friend and being lonely all the time...

PDF	

Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures) (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...



How to Make a Free Website for Kids (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter # 2: Signing Up for a Website...

A Treatise on Parents and Children (Paperback)

Echo Library, United States, 2006. Paperback. Book Condition: New. 229 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Purchase one of 1st World Library s Classic Books and help support our free internet library of downloadable eBooks....



Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters! (Paperback)

ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on The Huffington Post, igniting countless conversations online...



DK Readers L1: Jobs People Do: A Day in the Life of a Teacher (Paperback)

DK Publishing (Dorling Kindersley), United States, 2001. Paperback. Book Condition: New. American.. 224 x 150 mm. Language: English . Brand New Book. This Level 1 book is appropriate for children who are just beginning to read. Ms. Hill brings 28 fish to...