



You and Your Money: A No Stress Guide to Becoming Financially Fit (Paperback)

By Lois A. Vitt, Karen Murrell

Pearson Education (US), United States, 2007. Paperback. Book Condition: New. 224 x 148 mm. Language: English . Brand New Book. With over 70 of American workers living paycheck to paycheck, basic money management skills are needed desperately. This is a masterful work that guides us to discover our own money dysfunctions and takes us on a journey to healthy financial behaviors. -Sally Hass, Employee Benefits Life Planning Manager, Weyerhaeuser Company This book combines solid knowledge of societal trends in personal finance with guidance on how to develop a sense of purpose about money and get financially fit for a lifetime. I heartily recommend it. -Kelvin Boston, host Moneywise PBS Series and author of Who's Afraid To Be A Millionaire? The rules have changed on how to achieve the American Dream. What many of us consider a fundamental right will be out of reach unless we get smart and take action now. The authors get right to the point by helping readers define what they care most about and then set them on a path to achieving true financial well-being. - Carol Anderson, President and CEO of Money Quotient, specialists in financial planning education The authors have looked at the current...



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