



Coriander: A Book of Recipes (Paperback)

By Helen Sudell

Anness Publishing, United Kingdom, 2014. Paperback. Book Condition: New. 168 x 166 mm. Language: English . Brand New Book. This is a book of recipes. It helps you discover the vibrancy of coriander in this book of 30 distinctive recipes using fresh leaves and dried seeds. It includes classic appetizers such as Carrot and Coriander Soup, Gazpacho, and Falafel, plus pungently spiced main meals such as Cumin and Coriander Rubbed Lamb, Pork Belly with Five Spices, Seafood Salad with Fragrant Herbs, and Okra, Tomato and Coriander Tagine. Chapters include Soups; Starters and Snacks; Fish and Seafood; Meat and Poultry; and Vegetable Dishes and Salads. It includes a useful introduction that covers all types of coriander, how to store and prepare it and how to grow your own. It is beautifully illustrated with over 100 photographs of each finished dish plus charming artworks. It includes a nutritional breakdown for each recipe will help with dietary planning. Coriander has always been highly esteemed in the East and in Mediterranean countries for its ability to enliven a wide variety of dishes from soups and stews to salsas, curries and salads. The fresh leaf combines perfectly with garlic, chillies and lime to lift vegetable...



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Reviews

Just no words to explain. Indeed, it is actually play, nevertheless an amazing and interesting literature. Its been written in an exceptionally simple way and is particularly simply following i finished reading through this ebook by which in fact altered me, alter the way in my opinion.

-- **Leilani Rippin**

This publication will never be straightforward to get going on looking at but really fun to see. This can be for all those who statte that there had not been a worth looking at. You wont really feel monotony at at any moment of your own time (that's what catalogs are for about should you request me).

-- **Cale Hansen Sr.**