



Chinese Medicine for Women: A Common Sense Approach (Paperback)

By Bronwyn Whitlocke

Spinifex Press, Australia, 2006. Paperback. Book Condition: New. Second Edition, Second edition. 192 x 128 mm. Language: English . Brand New Book. Traditional Chinese Medicine (TCM) takes account of the relationship between mind, body and emotions. This book takes a common-sense approach to women s health based on Chinese medicine. The author outlines the principles of her practice and their applications for women s health, dealing with issues such as stress, diet and lifestyle. Chapters include information on menstruation, infertility, pregnancy and menopause, on migraine, colds, obesity, depression and other conditions. Traditional Chinese Medical terminology is explained.



READ ONLINE

[4.81 MB]

Reviews

This type of ebook is every little thing and made me looking ahead of time and more. It is among the most amazing book i actually have read through. Its been designed in an exceptionally simple way in fact it is simply soon after i finished reading through this pdf in which actually transformed me, change the way i believe.

-- **Dr. Ron Kovacek**

Extremely helpful for all class of folks. I really could comprehended almost everything using this written e publication. You will not feel monotony at at any time of the time (that's what catalogs are for about in the event you check with me).

-- **Prof. Melyna Dooley V**