

## Theories of Counseling and Psychotherapy in Action Video Demonstrations



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## THEORIES OF COUNSELING AND PSYCHOTHERAPY IN ACTION VIDEO DEMONSTRATIONS

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SAGE Publications Inc. Other digital. Book Condition: new. BRAND NEW, Theories of Counseling and Psychotherapy in Action Video Demonstrations, David Hutchinson, About the Videos: Compare and Contrast Various Theoretical Approaches. Expert David Hutchinson demonstrates a range of established and newer techniques as he helps a single client - Tyler, a mixed-race adolescent who is facing various challenges. Demonstrations include role plays of the following approaches: Person-Centered; Motivational; Interviewing; Cognitive-Behavioral; Feminist; Existential; Multicultural; Strengths-Based; and, Neuroscience/Biological. Dr. Hutchinson introduces and concludes each session with background, commentary and analysis so that you can understand, interpret and reflect on each technique and its application to the client. Expand your theoretical toolbox-and watch expert counseling skills in action as Dr. Hutchinson develops a therapeutic alliance with Tyler. Watch two sample clips from the series now: Existential Approach Multicultural Approach David Hutchinson prepares both undergraduate and graduate students for careers in psychology and counseling. His areas of special focus are group work, addictions, and grieving. A former Peace Corps volunteer, David's priorities include travel and maintaining an international perspective in his life and work. He's trained counselors in Grenada and established sister school relationships between five schools in Vermont and Grenada. In Vermont, David continues his emphasis on intensive, process-oriented coursework with long weekend retreats at an off-campus lodge near Caspian Lake in the woods of the Northeast Kingdom. In 2006, David was honored with the Distinguished Faculty of the Year Award. He holds positions on the boards of the New England School of Addiction Studies and Northwest Counseling and Support Services in Franklin County, Vt. He received his doctoral degree from SUNY Buffalo.



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