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THE SECOND HALF OF YOUR LIFE



Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, The Second Half of Your Life, Jill Shaw Ruddock, This is a new edition - completely revised and updated with new chapters added. The Second Half of Your Life is a ground breaking book which offers advice and answers to women in the second half of their life. Using the hormonal changes that occur around menopause as a springboard to transition from a woman's reproductive years to her self-productive years, Shaw Ruddock...

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- Authored by Jill Shaw Ruddock
- Released at -



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