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Sleeping with the Secret Burden (Paperback)

By Dee Alimi

Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.Debut poetry anthology: these are 60 poems selected because of the diamond jubilee and the summer of the Olympic Games. Hence the number 60 and the colourful nature of the book cover. However, the shifting series consists of themes ranging from relationship break-ups and longing for true love to fun places and spiritual expectations. This collection opens up to the awareness of being vulnerable and accepting oneself for all the flaws as well as the limitless joy one can bring through opening up one's heart, mind, soul and body to what the universe has to teach us, giving us the courage to embrace failure and to love no matter what. These poems are a mixture of personal exploration and discoveries and inspirational writing that portrays unpackaged hurt, love, betrayal, anger, freedom, despair, tantalisation and vulnerability as a way to manifest and transform to new bodily thinking that liberates potential awareness and freedom in one's space. About the author: Dee Alimi was born in London. After dividing his childhood between London and Lagos, Nigeria, he now lives...



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Reviews

Without doubt, this is actually the best job by any publisher. It is written in basic phrases instead of difficult to understand. You will like the way the author publishes this publication.

-- **Dr. Marvin Deckow**

This book is definitely worth acquiring. Yes, it is enjoyable, still an amazing and interesting literature. It has been written in a remarkably basic way and is particularly simple soon after I finished reading through this pdf where it actually changed me, affected the way in my opinion.

-- **Murray Marquardt**